



TRAILS ENCOURAGE SAFETY,
ENHANCE COMMUNITY ECONOMICS,
PROMOTE A HEALTHY LIFESTYLE AND
HELP PRESERVE THE ENVIRONMENT.



SAFETY

Trails create open, safe areas for families and individuals to spend time. They allow neighborhood watchdogs easier access to once undeveloped land and parks. Studies show neighbors who live near trails and people who use them regularly feel they have a positive effect on their safety and community. Frequent trail usage can minimize crime and revitalize abandoned spaces. To keep trail activity safe, make sure to follow posted rules and signs.

ENVIRONMENT

Trails preserve and restore the environment in countless ways and encourage the use of alternative modes of transportation.

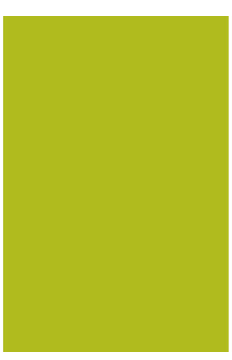
• Trees and green areas around the trails help keep the air in the community clean and fresh. The establishment of trails in neighborhoods creates public awareness and appreciation for nature. Habitats surrounding trails are home to wildlife that can not live in the city.

ECONOMICS

• Trails and pathways enhance the appearance of communities. Studies have shown that more people prefer to live in neighborhoods with trail systems. In fact, property values rise when a trail or greenway is located nearby. Businesses located close to trails benefit by providing their customers alternate access to their businesses. Trails generate an economic boost to communities by attracting tourists and promoting recreational spending.



• **DISCLAIMER:** This map and route delineation is provided for informational purposes only. The preparer of the map makes no representations or warranties with regard to the safety or condition of the route. Travel the route at your own risk. The route may be along open roads, subject to traffic and large, fast moving vehicles or along steep and unstable trails. Cycling is an inherently dangerous sport and could lead to serious bodily injury or even death. Please remember to wear your helmet and take all other necessary safety precautions.



SUGGESTED BIKE RIDES

BUFFALO TRAIL LOOP (approx. 35 miles) *From the intersection of Shiloh Rd and Grand Ave:* Ride west on Rimrock Rd. until it splits in a Y. Stay left and turn left onto 64th St. until it dead ends at Grand Ave. Turn right on Grand Ave. until it ends. Turn left onto 88th St. then right on Lipp Rd. until it ends. Turn right onto Buffalo Trail, up three large hills (about 10 miles) until it ends at Molt Rd. Turn right on Molt Rd. and go down three hills until it merges back with Rimrock Rd. at the Y.

LAUREL CEMETARY RIDE (approx. 30 miles) *From the intersection of Shiloh Rd and Grand Ave:* Ride west on Rimrock Rd. until it splits in a Y. Stay left and take a left onto 64th St. until you reach Grand Ave. Turn right on Grand Ave. and stay on until it ends. Turn left onto 88th St. then right on Lipp Rd.; when it ends, turn left on Buffalo Trail up and down a big hill. Take first left at the bottom of the hill onto Laurel Airport Rd. (at the cemetery). Continue on this road until it ends. Turn left on 64th St., then right on Grand Ave. Take Grand Ave. to Shiloh Rd. and turn left (north) back to the intersection at Rimrock Rd.

PRYOR CREEK LOOP (40 miles) *From Riverfront Park,* take a left onto Blue Creek Rd. until it ends. Turn left on Pryor Rd., go for 10 miles until it ends. Turn left on Highway 87 to Lockwood over a big climb, down into the town of Lockwood until the road ends. Go left at the stop sign and cross over I-90 and the Yellowstone River. Turn right onto Frontage Rd. after the river and take your immediate first right onto the bike path. Take the bike path through Coulson Park to Garden Ave. Go straight on Garden Ave. (following the road to the left and right) to South Frontage Rd. Continue on Frontage Rd. to the S. Billings Blvd exit at I-90. Turn left on Blue Creek Rd. back to Riverfront Park.

• **Questions?**
• **Yellowstone Valley**
• **Cycling Club**
• **255-7678**
• **www.yvcc.us**



 **St. Vincent Healthcare**
Heart & Sole Run • June

www.bikenet.org

DO YOUR PART

- never litter, and if you see trash, pick it up
- report vandalism
- always wear a helmet when riding your bike
- always go slow when passing on the trail

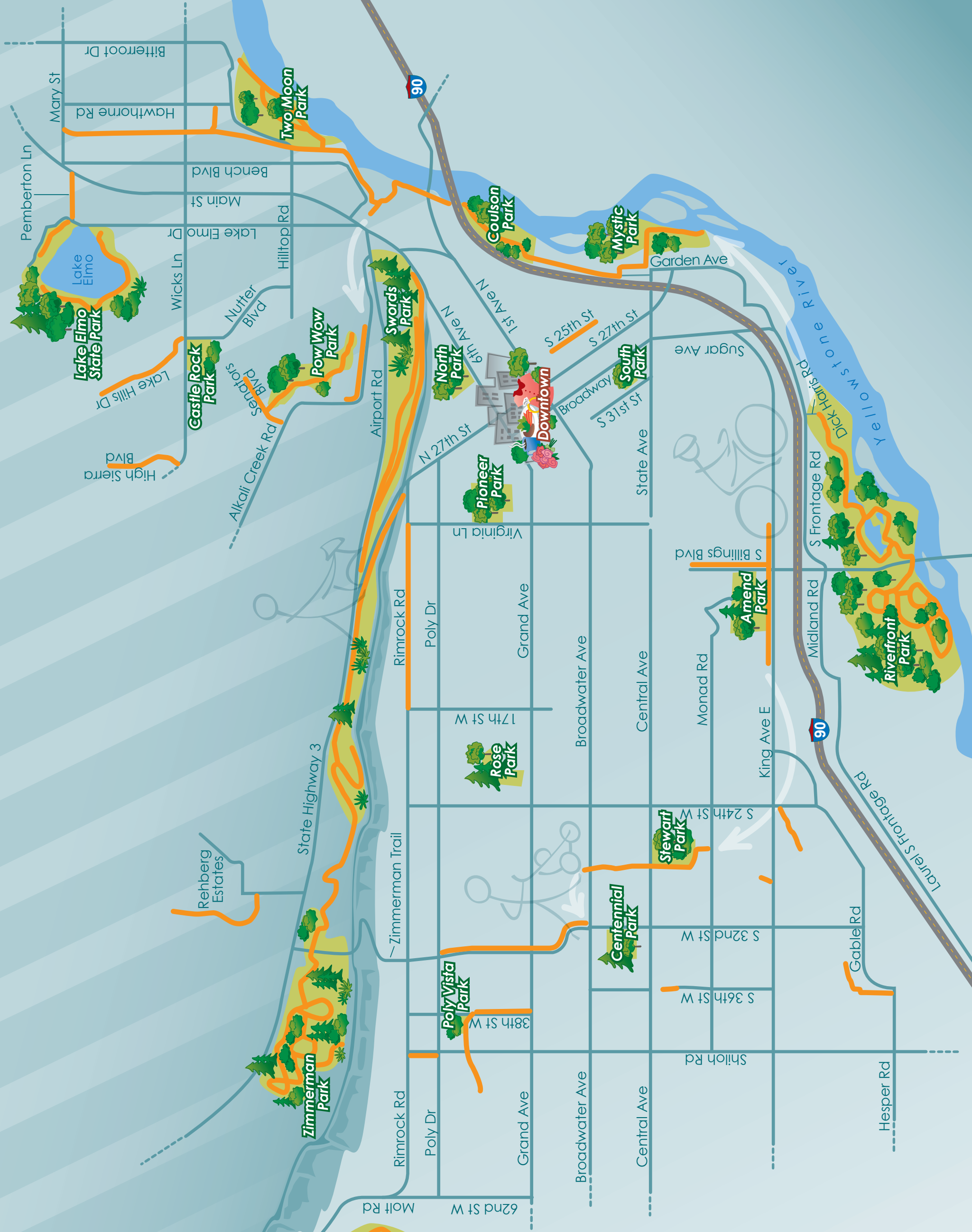


A GUIDE TO THE
MAGIC CITY'S TRAILS



HEALTHY LIFESTYLES

Scientific evidence shows that communities with trails, greenways and sidewalks have higher levels of physical activity. Spending time outside in fresh air and sunshine reduces stress. Physical activity reduces the risks of heart disease, depression and obesity. People who use trails to go to work or school are less likely to be overweight and more likely to live longer.



LEGEND

- Trails (orange line)
- Community Greenspace (green area with tree icon)
- Continue on! (white arrow)