



WEEKLY EVENTS

RIDE FREE ALL WEEK ON THE MET TRANSIT LINE The City of Billings Met Transit buses will provide FREE bus service on all routes during Bike Walk Bus Week.
Sponsored by **MET TRANSIT**. Ron Wenger 657-8218

DOWNTOWN ARCHITECTURAL TREASURE HUNT Participants get a free pass to the Western Heritage Center if they correctly identify all the architectural elements in the self-guided treasure hunt in Billings' downtown. Pick up your treasure hunt game sheet at the **WESTERN HERITAGE CENTER**, 2822 Montana Ave.

OPEN SHOWERS & TOWELS for anyone during the week that bikes or runs/walks to work. Need picture ID for access.
YMCA 402 N. 32nd 248-1685

10 % DISCOUNT ON ACCESSORIES & CLOTHING during Bike Walk Bus Week if you bike to **THE SPOKE SHOP**, 1910 Broadwater Ave. Jim Downs 656-8342

MAYOR RON TUSSING The Mayor will ride his bike to work or to any of his meetings from Tuesday through Friday during BWBW. He is also participating in the Sneakers, Spokes & Spark Plug Challenge as one of the bikers.

DONATION BIKES will be accepted to fix up or use for parts to provide underprivileged kids with a bike. Call Derek Stone at 208-3405 if you can help or donate a bike.

VALET TODAY CLEANERS 10% Discount if you bring your laundry in on your bike. Jason Frank 655-9420

BILLINGS COMMUNITY & SENIOR CENTER Senior Sports & Art Festival during BWBW. Robin Grinsteiner 657-3050

STARBUCKS Get a sleeve coupon the week prior to BWBW and redeem it the week of BWBW if you bike, walk or bus to work for a free drink. Amanda 656-5652

ST. VINCENT HEALTHCARE Supports BWBW with numerous walking activities that encourage the public to get active.

- Walk-n-Talk with the Doc, Tuesday at 5:30 pm at YMCA
- Heart and Sole Run (Walk) June 14
- Walk with Spirit, team activity through Spirit of Women with prizes and other incentives. Special prize during week of Bike, Walk, Bus Week.

DANA MOTORS 2102 Grand, Reader Board Out Encouraging the Public to Bike to Work as many of their employees do.

DOWNTOWN BILLINGS ALLIANCE 2815 2ND Ave. No., Will provide a Give Away for those using Alternate Transportation. Lisa Harmon 254-0955

BACK COUNTRY FAMILY CHIROPRACTIC is hosting a fundraiser the entire week---Existing patients receive 1 FREE treatment with their **DONATION** to Billings BikeNet (www.bikenet.org) while **NEW PATIENTS** will receive their entire 1st visit (over \$200 value) with their donation to BikeNet. Call for an appointment (406)294-5294.

ARROWHEAD SCHOOL PTA is promoting "HEALTHY HABITS WEEK" during BIKE, WALK, BUS WEEK. Students will be encouraged to live a healthy lifestyle through biking or walking to school, healthy eating, outdoor/active play, dental hygiene, etc. All participates will have their names put in a raffle drawing for lots of COOL PRIZES!!!

ESTHER'S GRAND JUNCTION EXPRESSO If you ride your bike to work get 50¢ off. 1939 Grand Ave. Esther Miller 245-5253

DAILY EVENTS

SUNDAY, MAY 12 & SATURDAY, MAY 17
PICTOGRAPH CAVE STATE PARK Guided Interpretive Hikes at 10 a.m. & 12 a.m. **Fish, Wildlife & Parks** Special gifts for those who bike to the park.

TUESDAY, MAY 13
BILLINGS COMMUNITY & SENIOR CENTER
Senior Sports & Art Festival
Bike Ride: Tuesday, May 13th, 10 a.m. Meet at Centennial Ice Arena to bike the trail from Two Moon to Mystic Park and back.
Robin Grinsteiner 657-3050

ST. VINCENT HEALTHCARE

- Walk-n-Talk with the Doc, Tuesday at 6:00 pm at YMCA

WEDNESDAY, MAY 14
SNEAKERS, SPOKES & SPARK PLUG CHALLENGE Wednesday, May 14th, Noon. Multiple-stop errands run competition between teams of walkers/runners, bicyclists and motorists to demonstrate viability of getting around town without a car. Start and finish at the Northern Plains Resource Council at 220 S. 27th. Barbecue for the public from 11 am-2 pm. during the competition. Discount provided for patrons using alternate transportation to the event. Come cheer on your favorite competitors. The Outlaws football team will have players competing in the event. Sponsored by Yellowstone Valley Citizens Council. Merry Ann Peters 248-1154

BELLAS WOMAN'S RIDE: Meet at 17th Street Station at 6 p.m. to ride the roads All levels welcome. Renee Coppock 255-7287
rcoppock@crowleylaw.com

THURSDAY, MAY 15
ONE FREE BEER on Thursday evening for those who bike or walk to work and over to the Yellowstone Valley Brewing Company, 2123 1st. Ave. N., George Moncure 245-0918

BILLINGS COMMUNITY & SENIOR CENTER
Senior Sports & Art Festival
Fun Walk: Thursday, May 15th at Mission Ridge (3840 Rimrock) Check In 8:45 a.m.; Warm Up 9:15 a.m.; Walk 9:30 a.m. Route through St. John's Lutheran Ministries Complex.
Robin Grinsteiner 657-3050

BELLAS WOMAN'S RIDE: Meet at Burger King on So. Billings Blvd. at 6 p.m. to ride the roads. All levels welcome. Renee Coppock 255-7287
rcoppock@crowleylaw.com

FRIDAY, MAY 16
ZOOMONTANA Bike to ZooMontana on Friday, May 16th Receive free entry & a bottle of water. Friday is Endangered Species Day and the Wildlands Fire Department is setting off a hot air balloon of Smokey the Bear.

10% DISCOUNT ON BIKES Friday, May 16th for Bike to Work Day at **THE BIKE SHOP**, 1934 Grand Ave. Dennis Stedman 652-1202

MAGIC CITY TRAIL TREK Family oriented fun run, walk, bike on the trail with entertainment and barbecue at Earl Guss Park, Sunday, June 1, 11 a.m.-2 p.m. Registration forms at local bike shops and at the Parks Department or on line at www.bikenet.org or www.ci.billings.mt.us